

# Salads + Wraps

<b>Avo-Cranberry</b>	<b>\$12.50 / W \$10.95</b>
Spinach, grilled chicken, cranberries, avocado, candied walnuts, feta cheese, and cranberry-poppyseed dressing.	
<b>Asian Chicken</b>	<b>\$10.50 / W \$9.95</b>
Spring mix, grilled chicken, snap peas, carrots, purple cabbage, edamame, crispy wontons, and sesame ginger dressing.	
<b>Baby Kale Caesar</b>	<b>\$10.50 / W \$9.95</b>
Kale, grilled chicken, parmesan crisps, shaved parmesan cheese, and caesar dressing.	
<b>Buffalo Chicken</b>	<b>\$10.50 / W \$8.95</b>
Romaine, grilled chicken, celery, tomatoes, blue cheese, and buffalo ranch dressing.	
<b>Elite</b>	<b>\$10.95 / W \$9.95</b>
Arugula, grilled chicken, shaved parmesan cheese, olive oil, and sea salt.	
<b>Greek</b>	<b>\$10.50 / W \$9.95</b>
Romaine, red onions, cucumber, tomato, pita crisps, feta cheese, kalamata olives, and greek dressing.	
<b>Green Goddess</b>	<b>\$11.50 / W \$9.95</b>
Spring mix, grilled chicken, edamame, carrots, broccoli, cucumber, avocado, wasabi peas, and creamy green goddess dressing.	
<b>Hipster</b>	<b>\$10.50 / W \$9.50</b>
Romaine, grilled chicken, hard boiled egg, turkey bacon, tomato, blue cheese, avocado, and ranch dressing.	
<b>Veggie Wrap</b>	<b>W \$9.95</b>
Hummus, spinach, cucumber, carrots, and tomato.	

# Paninis

<b>Margherita</b>	<b>\$8.95</b>
Tomatoes, fresh basil, and mozzarella cheese. Add pesto or balsamic glaze drizzle.	
<b>Buffalo/BBQ Chicken</b>	<b>\$9.95</b>
Grilled chicken, mozzarella cheese, and choice of buffalo or BBQ sauce.	
<b>Green Goddess</b>	<b>\$8.95</b>
Spinach, kale, pesto, mozzarella, and avocado.	
<b>Turkey Special</b>	<b>\$9.95</b>
Oven roasted turkey, tomato, avocado, and dijon mustard.	
<b>Chicken Pesto</b>	<b>\$9.95</b>
Chicken, mozzarella cheese, and pesto.	

# Grain Bowls

All grain bowls are prepared with brown rice

<b>Rainbow</b>	<b>\$10.50</b>
Mixed greens, shredded cabbage, carrots, corn, edamame, and green goddess dressing.	
<b>Lean and Green</b>	<b>\$10.50</b>
Spinach, edamame, chickpeas, broccoli, cucumber, avocado, and green goddess dressing.	
<b>Fiesta</b>	<b>\$11.00</b>
Grilled chicken, black beans, shredded cheddar cheese, tomato, corn, avocado, and chipotle ranch dressing.	
<b>Forbidden Thai Chicken</b>	<b>\$12.50</b>
Spinach, grilled chicken, shredded cabbage, carrots, cucumber, peanuts, and thai peanut dressing.	

# Toast

<b>Avocado</b>	<b>\$8.00</b>
Special avocado blend. Add goat cheese, hard boiled or fried egg, or tomato for an additional charge.	
<b>Avocado Everything</b>	<b>\$9.00</b>
Hummus, avocado, and everything seasoning.	
<b>Peanut Butter or Almond Butter Banana</b>	<b>\$7.00</b>
Topped with banana, cinnamon, and honey.	
<b>Caprese</b>	<b>\$8.00</b>
Tomatoes, burrata cheese, and arugula, drizzled with olive oil, balsamic glaze, and sea salt. Add avocado for an additional charge.	
<b>Greek Hummus</b>	<b>\$9.00</b>
Hummus, cucumber, feta cheese, red onion, kalamata olives, and tomato.	

# Bagels

<b>Whole Wheat Everything</b>	<b>\$6.50</b>
Avocado, goat cheese, tomato, and everything but the bagel seasoning.	
<b>Bagel</b>	
Toasted with butter.	<b>\$2.50</b>
Toasted with cream cheese.	<b>\$3.50</b>
Toasted with nutella and strawberries.	<b>\$5.50</b>

# Coffee + Lattes + Other Drinks

Proudly serving La Colombe Coffee. Add any flavor for \$.50. 16oz.

	<b>Hot</b>	<b>Iced</b>
<b>Coffee</b>	<b>\$2.50</b>	<b>\$2.25</b>
<b>Latte</b>	<b>\$4.50</b>	<b>\$4.00</b>
<b>Collagen Latte</b>	<b>\$4.50</b>	<b>\$4.00</b>
(Choice of matcha, golden turmeric, or blue majik)		
<b>Lemon Ginger Honey Tea</b>	<b>\$3.75</b>	<b>\$3.50</b>
<b>Detox Water</b>		<b>\$3.50</b>



DRINK JUICE.  
EAT CLEAN.  
FEEL AMAZING.



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Exton, Pa 19341

# Acai Bowls

Unsweetened acai and gluten free granola available upon request for an additional charge.

<b>Original</b>	<b>\$11.50</b>
Topped with granola, banana, strawberry, blueberry, coconut, and honey.	
<b>Cougar</b>	<b>\$12.50</b>
Topped with granola, banana, strawberry, blueberry, and nutella.	
<b>7 Mile Island</b>	<b>\$11.50</b>
Topped with granola, mango, pineapple, strawberry, coconut, and honey.	
<b>Nutter Butter</b>	<b>\$12.50</b>
Topped with granola, blueberry, banana, peanut butter, and nutella.	
<b>Princeton</b>	<b>\$11.50</b>
Topped with granola, kiwi, strawberry, mango, coconut, and honey.	
<b>Superfood</b>	<b>\$13.00</b>
Topped with almonds, strawberry, and superfood mix. Choice of almond butter, peanut butter or nutella drizzle.	
<b>Peanutty</b>	<b>\$11.50</b>
Acai blended with strawberry, banana, peanut butter, and almond milk. Topped with granola, banana, and honey.	
<b>All Star</b>	<b>\$12.50</b>
Acai blended with choice of protein. Topped with granola, banana, and peanut butter.	

# Green Bowls

All green bowls are a blend of kale, spinach, banana, pineapple, and coconut milk.

<b>Pod</b>	<b>\$11.50</b>
Topped with granola, strawberry, blueberry, coconut, and honey.	
<b>Greentastic</b>	<b>\$11.50</b>
Topped with granola, kiwi, pineapple, coconut, and honey.	
<b>Health Nut</b>	<b>\$11.50</b>
Topped with almonds, strawberry, blueberry, hemp hearts, and almond butter.	
<b>Kali</b>	<b>\$11.50</b>
Green base blended with choice of protein. Topped with granola, strawberry, blueberry, coconut, and honey.	

# Pitaya Bowls

<b>Dragonfruit</b>	<b>\$11.50</b>
Topped with granola, blueberry, and strawberry.	
<b>Beachy</b>	<b>\$11.50</b>
Topped with granola, mango, kiwi, pineapple, coconut, and honey.	

# Special Bowls

<b>Blue Majik</b>	<b>\$11.50</b>
Blue majik spirulina blended with banana and almond milk. Topped with granola, strawberry, blueberry, and coconut.	
<b>Banana Split</b>	<b>\$11.50</b>
Whipped banana topped with granola, strawberry, blueberry, coconut, and nutella.	
<b>Lionville</b>	<b>\$11.50</b>
Strawberry and banana blended with almond milk. Topped with granola, strawberry, blueberry, coconut, and honey.	

# Coconut Bowls

<b>Cocoloco</b>	<b>\$12.50</b>
Topped with granola, banana, strawberry, and nutella.	
<b>Coco Tropic</b>	<b>\$12.50</b>
Topped with granola, mango, kiwi, pineapple, coconut, and honey.	
<b>Blue Lagoon</b>	<b>\$13.00</b>
Blue majik mixed with coconut base. Topped with granola, strawberry, pineapple, coconut flakes, and honey.	

# Oatmeal Bowls

<b>Classic</b>	<b>\$8.50</b>
Topped with brown sugar, cinnamon, and honey.	
<b>Berry Oats</b>	<b>\$8.50</b>
Topped with strawberries and blueberries. Choice of peanut butter, almond butter, or nutella.	

# Green Smoothies

<b>Avalon Green</b>	<b>\$8.50</b>
Spinach, kale, banana, and almond milk. Low carb option sub avocado instead of banana for an additional charge.	
<b>Kaleberry</b>	<b>\$8.50</b>
Kale, blueberry, banana, and almond milk.	
<b>Mango Madness</b>	<b>\$8.50</b>
Mango, spinach, banana, and almond milk.	
<b>Green Glo</b>	<b>\$9.00</b>
Kale, spinach, mint, banana, mango, celery, apple, and coconut water.	
<b>Mint Chip</b>	<b>\$9.50</b>
Spinach, mint, cacao nibs, banana, chocolate protein, and almond milk.	

# Fruit Smoothies

<b>Beach Berry</b>	<b>\$8.50</b>
Strawberry, banana, and almond milk.	
<b>Berry Banana Burst</b>	<b>\$8.50</b>
Mixed berries, banana, and almond milk.	
<b>Sunset</b>	<b>\$8.50</b>
Strawberry, orange, pineapple, banana, and almond milk.	
<b>Pina Colada</b>	<b>\$8.50</b>
Pineapple, banana, coconut base, and coconut milk.	
<b>Good Vibes</b>	<b>\$9.00</b>
Acai, strawberry, banana, and coconut water.	
<b>Pitaya</b>	<b>\$9.00</b>
Pitaya, mango, pineapple, banana, and coconut milk.	

# Superfood Smoothies

<b>Blue Bliss</b>	<b>\$9.50</b>
Blue majik, dates, cashews, vanilla extract, sea salt, and almond milk.	
<b>Rockstar</b>	<b>\$9.50</b>
Blue majik, coconut base, dates, banana, vanilla protein, and almond milk.	
<b>Epic Green</b>	<b>\$9.50</b>
Spinach, vanilla protein, dates, banana, almond butter, and almond milk.	
<b>Almond Joy</b>	<b>\$9.50</b>
Coconut base, chocolate vegan protein, cacao nibs, almond butter, and almond milk.	

# Nut Butter Smoothies

<b>PB Classic</b>	<b>\$8.50</b>
Peanut butter, banana, and almond milk.	
<b>Reese's Cup</b>	<b>\$8.50</b>
Peanut butter, banana, cacao powder, and almond milk.	
<b>Skinny Chocolate</b>	<b>\$8.50</b>
PB2 powder, banana, cacao powder, and almond milk.	
<b>Nutter Butter</b>	<b>\$9.00</b>
Acai, banana, blueberry, peanut butter, and almond milk.	
<b>Good Morning</b>	<b>\$9.00</b>
Banana, cinnamon, dates, cold brew, and almond milk.	

# Cold Pressed Juices

<b>Beach Beet</b>	<b>\$8.50</b>
Beet, celery, apple, cucumber, lemon, and ginger.	
<b>Body Detox</b>	<b>\$8.50</b>
Strawberry, pineapple, celery, and lemon.	
<b>Celery</b>	<b>\$8.50</b>
<b>Green Envy</b>	<b>\$8.50</b>
Kale, spinach, romaine, cucumber, celery, lemon, and ginger.	
<b>Pineapple Mint</b>	<b>\$8.50</b>
Pineapple, apple, and mint.	
<b>Pod</b>	<b>\$8.50</b>
Kale, cucumber, apple, and lemon.	
<b>Glambam</b>	<b>\$8.50</b>
Spinach, cucumber, pineapple, mint, lemon, and lime.	

# Wellness Shots

<b>Ginger</b>	<b>\$4.00</b>
Ginger, lemon, apple, and cayenne.	
<b>Flu Fighter</b>	<b>\$4.00</b>
Orange, lemon, ginger, and cayenne.	
<b>Liver Flush</b>	<b>\$4.00</b>
Grapefruit, beets, cayenne, lemon, and echinacea.	
<b>Golddigger</b>	<b>\$4.00</b>
Ginger, lemon, turmeric, and cayenne.	